MOST Holy Trinity, Father, Son, and Holy Ghost, I offer Thee the Most Precious Body, Blood, Soul, and Divinity of Jesus Christ, present in all the tabernacles of the world, in reparation for the outrages, sacrileges, and indifference by which He Himself is offended. And through the infinite merit of His Most Sacred Heart, and the Immaculate Heart of Mary, I beg of Thee the conversion of poor sinners.

My God, I believe, I adore, I hope and I love You. I ask pardon for those who do not believe, do not adore, do not hope nor love you.

On awakening

And they fell down before the Throne upon their faces and adored God saying Benediction and glory and wisdom and thanksgiving, honour and power, strength to our God for ever and ever.

Mass of All Saints

Entering Chapel

Come Guardian Angel, prostrate thyself and adore the Lord and my God truly present before me in the Blessed Sacrament of the Altar. Adore him in a manner most fitting That I am not able whom am a vile and wretched sinner!

I confess to my Creator that my life has indeed been passed in darkness, but I will hide myself In the Wounds of Christ crucified, and bathe myself in His Blood and so shall my iniquities be consumed, and with desire will I rejoice in my Creator.

Dialogue of St Catherine of Sienna